



GSICON 2024

37th Annual National Conference of Geriatric Society of India



GSICON 2024

37th Annual National Conference of Geriatric Society of India



13, 14 & 15 December, 2024



IMA House, Kochi, Kerala, India

GSI Kerala Branch Welcomes You

DR. K. HARI
CHAIRPERSON
GSI KERALA BRANCH

DR. ANITA NAMBIAR
ORGANISING CHAIRPERSON

DR. SAJESH ASOKAN
ORGANISING SECRETARY

www.gsicon2024.in



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“ ABOUT ”



GSI - The Geriatric Society of India

The Geriatric Society of India (GSI) is a non-profit NGO made up of dedicated doctors who deliver exceptional care to the elderly and passionately advocate for their well-being. Our mission is to enhance the lives of older adults through comprehensive healthcare, education, and community support. With a commitment to the Sustainable Development Goals and the WHO theme of Healthy Ageing by 2030, we strive to create a supportive environment for seniors across India.

Geriatric Society of India (GSI) has expanded its membership to be more inclusive and multidisciplinary than ever before! We welcome not only doctors who are dedicated to or interested in the fields of Geriatric Care, Gerontology, and various sub-specialties that support the elderly, including Dementia and Palliative Care specialists, but also the invaluable contributions of nurses, occupational therapists, and allied healthcare professionals.

Join us in our mission to enhance the quality of life for older adults through collaborative, comprehensive, and compassionate care. Whether you are on the front lines providing daily care, working behind the scenes on groundbreaking research, or offering essential support through specialized services, there's a place for you in our community.

GSICON 2024

GSICON 2024: We are excited to announce GSICON 2024, the 37th National Annual Conference of the Geriatric Society of India. Scheduled for December 13-15, 2024, at IMA House, Kochi, Kerala, this landmark event brings together professionals from across the country to discuss, learn, and advance geriatric care.

“ THEME ”



Decade of Healthy Aging: Paradigms and Innovations

This year's conference centers around innovative paradigms for achieving healthy aging. It aims to provide a platform for exchanging knowledge, best practices, and breakthroughs that will shape the future of elder care.

GSI Kerala Chapter Empowering Elders

Under the auspices of GSI-National, GSI Kerala Chapter is a registered society under the Travancore-Cochin Literary, Scientific and Charitable Societies Registration Act, 1955 (Registration No. EKM/TC/247/2024). We are dedicated to promoting the well-being, independence, and quality of life of older adults in Kerala. Our mission is to advocate for the rights and needs of the elderly, provide education and training to healthcare professionals, and foster a supportive community for older adults and their caregivers. We take pride in being the only professional organization that integrates Geriatric Medicine and Gerontology, ensuring a holistic approach to elder care.

GSICON 2024 ORGANISING COMMITTEE



Patron
Prof. Dr.K.P. Paulose



DR. ANITA NAMBIAR
ORGANIZING CHAIRPERSON



DR. SAJESH ASOKAN
ORGANISING SECRETARY



DR. K HARI
CHAIRPERSON GSI KERALA
CHAPTER



DR. MADHU N S



DR. BIJU RAGHAVAN



DR. ASWIN SURJIT



DR. BOBY SARA



DR. MANOJ JACOB



DR. ARUN BHATT



DR PRIYA VIJAYAKUMAR



DR. BALAKRISHNAN VALLIYOT



DR. PRAVEEN G PAI



DR. SHANKAR PATIL
PATRON



DR. V.K. ARORA
PATRON



DR. B.C. BANSAL
PATRON



DR. O.P. SHARMA
Hon. NATIONAL GENERAL SECRETARY



DR. SAJESH ASOKAN
NATIONAL PRESIDENT



DR. GARIMA HANDA
Hon. NATIONAL TREASURER



DR. ATHUL KULSHRESTHA
NATIONAL PRESIDENT ELECT



DR. A.K. SINGH
PAST NATIONAL PRESIDENT

GERIATRIC SOCIETY OF INDIA NATIONAL EXECUTIVE MEMBERS



DR. J.K. SHARMA
VICE PRESIDENT



DR. ANAND P. AMBALI
VICE PRESIDENT



DR. SANDEEP P. TAMANE
VICE PRESIDENT

MESSAGE FROM OUR PATRON



Prof. Dr. K.P. Paulose
Patron, Geriatric Society of India,
Kerala Branch

Welcome to the Queen of Arabian Sea – Kochi

As the Patron of the 37th Annual Conference of the Geriatric society of India (GSICON 2024) in Kochi, I am happy to welcome all the delegates to this city of Cochin (the name now changed to Kochi) – the capital city of the erstwhile Cochin state. This city is also known as the 'Queen of Arabian Sea' because of its proximity to the Cochin Harbour, one of the finest natural harbours in the world.

Cochin state, a princely state previously ruled by the Kings ceased to exist as a separate state when it merged with the adjoining princely state of Travancore in 1949 July, the new state was known as the Travancore Cochin state. When state reorganization was implemented on linguistic basis, Travancore – Cochin state integrated with the Malayalam speaking Malabar Province of Madras Presidency to become the Kerala State in Nov 1956. Kochi is the head quarters of Ernakulam District, one of the 14 districts of Kerala.

Kochi was an important spice trading centre in the 14th Century and traders from all over the Middle East including Arabs, Persians, Jews and Turks used to come here for spices like cinnamon, black pepper and cardamom. The first foreign occupation of the city was by the Portuguese in 1503, followed by the Dutch, and subsequently by the English. Vasco-de-Gama a Portuguese Naval captain landed in Fort Cochin (6 km West of the Town) in 1498 and his body was buried in the famous church in Fort Cochin built by the Portuguese – St. Francis Church. Other places of historical importance are the Jewish Synagogue at Mattanchery, a nearby town and St. Thomas Church in Kodungallor (built in the memory of St. Thomas who came to India in AD 52).

Kerala was declared as the first totally literate state in India in Feb 1990. Kerala is in a privileged position as the top most state in Health Care and a shining example for the rest of India having the lowest infant mortality (below 10), highest life span (75), literacy rate (97.5) and low maternal mortality rate (0.8). This is the only state in India where women exceed the men (1084:1000), Kerala's various dance and art rituals are famous like Mohiniyattom, Kathakali, Theyyam, Ottam Thullal and Margam Kali etc.

Recent survey in Kerala reveals the prevalence of senior citizens is about 16.5% of the population (5.6 million), while the national prevalence is only 10% (150 million). Nineteen lakhs (19 L) of Keralites work in Gulf region and about Rs 2.3 lakh crores is being sent to Kerala per year by them. Many senior citizen couples live alone unattended, and the G.S.I registered in 1979 March is doing immense service for the health care of senior citizens by education, awareness programmes, special courses for doctors for the last 45 years.

The previous annual meeting of GSI held in Kochi was in 2003 November and midterm conference in 1989. The Organising Secretary of both the conferences was Dr N.N. Asokan (who expired on December 2012), father of the present GSI National President and Organising Secretary for GSICON 2024 Dr. Sajesh Asokan, a rare coincidence.

We are proud to host GSICON 2024 in this picturesque and serene city of Kochi. The theme of the conference is based on the United Nation's theme, 'Decade of Healthy Aging- Paradigms and Innovations'.

I am sure that the deliberations during this meeting will be beneficial and thought provoking to all delegates and hope that you will have a sumptuous, delicious scientific feast, cultural programmes.

Dr K P Poulos

Dr K P Poulos, MD, FACP, FRCP
Principal Consultant in Medicine
S U T Hospital, Pattom, Trivandrum

WHO SHOULD ATTEND

- All Doctors engaged in the care of the elderly, especially Geriatricians , Physicians, nurses etc
- General Practitioners and Family Medicine Practitioners whose practice includes elderly and home care patients
- All consultants nurses & allied health care professionals
- Subspecialists: Orthopedics, Neurology Psychiatry, Urology, Cardiology, Gastroenterology, Occupational therapists, Physiotherapists ,Pharmacists
- Researchers into aging & age-related conditions.
- Trainees in Geriatric medicine
- Geriatric Dentistry, Oncology, Family medicine Palliative care,
- Medical students & Residents
- Healthcare Innovators & Technologists
- Policy Makers & Administrators
- Startups, Pharma

FOCUS AREAS

- Healthy Aging
- Managing Co-Morbidities in Elderly
- Geriatric Mental Health
- Empowering Elderly Caregivers
- Aging with Dignity



- Geriatric Care in the Era of Pandemics
- Multidisciplinary Approaches to Age-Related Disorders
- Geriatric Syndromes
- Geriatric Dentistry
- Geriatric Education and Research
- Multidisciplinary Approaches to Age Friendly Healthcare





POSTER PRESENTATION & ABSTRACTS

We invite researchers and practitioners to submit abstracts for e-paper and poster presentations at GSICON 2024. Abstracts should be no more than 350 words and must be submitted by October 31, 2024. Selection criteria include originality, relevance to geriatric care, and potential impact on the field.

Don't miss the chance to showcase your work at the 37th National Annual Conference of the Geriatric Society of India!

Important Dates

- Last date for abstract submission: 30th November 2024.
- No abstracts will be accepted post 30th November 2024
- Deadline to intimate delegates about abstract selection: 30th November 2024.

Abstract Awards

The Organizing Committee will announce the amazing Podium & E-Poster Presentation awards very soon.

For more details and submission guidelines, visit <https://www.gsicon2024.in/>

Workshop Date
13th December, 2024
IMA House, Kochi

GSICON 2024 WORKSHOPS

Through workshops, presentations, and discussions, participants will be trained and equipped to address the unique challenges of aging, enhancing the quality of care for the elderly.



**COMPREHENSIVE
GERIATRIC
ASSESSMENT** **01**

**FALLS & FALL
PREVENTION** **02**

**GERIATRIC
EMERGENCIES** **03**

**GERIATRIC
CRITICAL CARE** **04**

**SLEEP & SLEEP
DISORDERS** **05**

**NURSES AND
ALLIED HEALTH
PROFESSIONALS'
WORKSHOP** **06**

REGISTER NOW FOR WORKSHOPS & CONFERENCES

<https://www.gsicon2024.in/>
gsiconkochi2024@gmail.com

Dr Aswin Surjit Soumya TS
94464 71672 90800 78447

Last Date to Register
30th November

**SCAN
HERE**



- Doctors Rs 2000
- Non Doctors Rs 1500
- Postgraduates registered for the conference have complimentary access, but registration is mandatory.

CREDIT HOURS DETAILS



CME and CNE Credit Information

Kerala State Medical Council (KSMC) Credits:

- Full Conference (3 days)
 - Order No.: C 6/27805/MC/CME
 - Date: 30-11-2024
 - CME Credit: 6 hours
- Geriatric Emergency Workshop
 - Order No.: C 6/28205/MC/CME
 - Date: 30-11-2024
 - CME Credit: 2 hours
- Geriatric Sleep Workshop
 - Order No.: C 6/28206/MC/CME
 - Date: 30-11-2024
 - CME Credit: 3 hours
- **One Credit Hour: Each workshop**



Kerala Nursing and Midwives Council (KNMC) Credits:

- Total CNE Credit Hours: 5.5
- Order No.: C/102563/2024/NC-CNE
- Date: 25/11/2024

PLAN OF HALLS



	Ground Floor AURA (40 max)	First floor ARES (100 max)	2nd Floor ATHENA (200 max)	Other Block CHANCELLOR (60 max)	ZEUS (300 max)	3rd Floor Side Room Board Room (30 max)	4th Floor TRIDENT (700 max)	Side Room (40 max)	Rooftop
12 - 1 2 - 2 024	3pm - 5pm Public function								
13 - 1 2 - 2 024	9am - 1pm Geriatric Critical care	9am - 1pm Comprehensive Geriatric Assessment	9am - 5pm Allied health workers	9am - 5pm Geriatric emergencies	9am - 5pm Pharma stall	9am - 5pm Pharma Lounge	9am - 5pm Conference secretariat	9am - 5pm Scientific session	9am - 5pm Faculty Lounge
	2pm - 5pm Sleep Disorders	2pm - 5pm Falls assessment							
14 - 1 2 - 2 024		9am - 11am Oral papers	9am - 5pm Pharma stall		9am - 5pm Pharma stall	9am - 5pm Pharma Lounge	9am - 5pm Conference secretariat	9am - 5pm Scientific session	9am - 5pm Faculty Lounge
		2pm - 4pm ePosters							
15 - 1 2 - 2 024		9am - 4pm Medicine PG Clinical skills symposium	9am - 5pm Pharma stall		9am - 5pm Pharma stall	9am - 5pm Pharma Lounge	9am - 5pm Conference secretariat	9am - 5pm Scientific session	9am - 5pm Faculty Lounge

FOOD & BEVERAGES

WORKSHOP ON

COMPREHENSIVE GERIATRIC ASSESSMENT

Workshop for Doctors in different aspects of Geriatric care .

Conducted by Dept. of Geriatric Medicine
Amrita Institute of Medical Sciences, Kochi



13
DECEMBER



IMA HOUSE
KOCHI



9 AM TO 1 PM



Target Audience:
Doctors and healthcare
providers working with
geriatric population

Enhancing Geriatric Care: Comprehensive Geriatric Assessment

Objectives:

- Understand the components and importance of comprehensive geriatric assessment (CGA).
- Learn practical skills to implement CGA in clinical practice.
- Discuss case studies and engage in collaborative problem-solving.

I. Introduction (20 minutes)

- Welcome and Registration
- Overview of Workshop Objectives
- Icebreaker Activity: Share experiences with geriatric patients.

II. Understanding Comprehensive Geriatric Assessment (45 minutes)

- Presentation: What is CGA?
- Definition and components (medical, psychological, functional, social)
- Importance in improving patient outcomes
- Discussion: Current challenges faced by GPs in geriatric care

III. Key Components of CGA (60 minutes)

- Breakout Sessions: Focus on each component
- Medical Assessment: Chronic disease management and medication review
- Functional Assessment: ADLs, IADLs, and mobility
- Cognitive Assessment: Screening tools (mini cog)
- Psychosocial Assessment: Mental health screening, social support
- Group discussions: Sharing tools and resources

IV. Practical Application (60 minutes)

- Role-Playing Scenarios: 4 stations
- Participants to conduct mock CGA interviews using case studies.
- Feedback and Debrief: Discuss findings and approaches.

V. Interdisciplinary Approach to CGA (30 minutes)

- Presentation: Collaborating with other healthcare professionals (nurses, social workers, pharmacists)
- Discussion: Developing referral networks and resources.

VI. Q&A and Closing Remarks (15 minutes)

- Open floor for questions
- Key takeaways and resources for further learning
- Feedback survey distribution

WORKSHOP ON GERIATRIC CRITICAL CARE

Workshop for Doctors in different aspects of Geriatric care .

Conducted By
Indian Society Of Critical Care Medicine eCourses
Cochin Branch



13
DECEMBER



IMA HOUSE
KOCHI



9 AM TO 1 PM



Target Audience:
Doctors and healthcare
providers working with
geriatric population

EXPERTS & FACULTIES



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9 AM - 9: 25 AM

9:30 AM - 9: 55 AM

10 AM - 10: 25AM

10:30 AM- 11:10 AM

TOPICS COVERED

- **Fluid Resuscitation in Geriatric Critically Ill patients :**
Dr Jaicob Varghese , Rajagiri Hospital , Kochi
- **Electrolyte disturbances in Geriatric ICU patients :**
Dr Cuckoo Sarah Kuruvilla , Medical Trust Hospital , Kochi
- **Delirium in Geriatric ICU Patients:**
Dr Sreevalsan T V , Welcare Hospital, Kochi

PANEL DISCUSSION End of Life Care in Geriatric ICU Patients

Moderator : Dr Jojo K John, Medical Trust Hospital

Panelists :

- Dr Ranjith Unnikrishnan, Apollo Adlux Hospital
- Dr Anuroop Balagopal , Aster Medicity
- Dr Sreevalsan T V, Welcare Hospital
- Dr Nita George - VPS Lakeshore

TEA BREAK



11:30 AM - 1:15 PM

STATIONS

- **HFNC :** Dr Melwin George , Mr Allan Binny & Team Rajagiri
- **Noninvasive ventilation:** Dr Nita George & Team VPS Lakeshore
- **Ventilation Basics:** Dr Sandhya S & Team Medical Trust
- **Ventilation COPD & ARDS:** Dr Anuroop Balagopal & Team Aster Medcity

Conducted By
Indian Society Of Critical Care
Medicine Cochin City Branch

SCAN
HERE



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EMAIL gsiconkochi2024@gmail.com

FOR MORE DETAILS

Dr Aswin Surjit Soumya TS
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KERALA CHAPTER



WHO Global Network
for Age-friendly Cities
and Communities



IMA HQ, New Delhi



COCHIN CITY BRANCH



Dept. of Geriatric Medicine
Amrita Institute of Medical Sciences, Kochi



37th National Annual Conference of Geriatric Society of India

Theme

**Decade of Healthy Aging:
Paradigms and Innovations**

**SCAN
HERE**



WORKSHOP ON Falls & Fall Prevention

KSMC credit points applied for

*Workshop for Doctors in different
aspects of Geriatric care .*



**13
DECEMBER**



**IMA HOUSE
KOCHI**



2 PM TO 5 PM

**REGISTER
NOW**

**Conducted by Dept. of Geriatric Medicine
Amrita Institute of Medical Sciences,
Kochi**

REGISTER NOW FOR WORKSHOPS & CONFERENCE

VISIT <https://www.gsicon2024.in/>

EMAIL gsiconkochi2024@gmail.com

FOR MORE DETAILS

Dr Aswin Surjit Soumya TS

94464 71672 90800 78447

Preventing Falls in Older Adults: Assessment and Intervention Strategies

Duration:

3 Hours

Objectives:

- Understand the risk factors and consequences of falls in older adults.
- Learn how to conduct a comprehensive fall risk assessment.
- Explore effective interventions to prevent falls.

Agenda:

I. Introduction (15 minutes)

- Overview of Workshop Objectives
- Brief Icebreaker: Share a personal experience related to falls in older adults.

II. Understanding Falls in Older Adults (30 minutes)

Presentation:

- Statistics and impact of falls
- Common causes and risk factors (e.g., medical conditions, environmental hazards, medications)
- Discussion: Participants share observations from their practices.

III. Comprehensive Fall Risk Assessment (45 minutes)

- Presentation: Key components of a fall risk assessment
- History taking: past falls, medications, vision, etc.
- Physical examination: strength, balance, gait

Interactive Activity:

- Demonstration of assessment tools (e.g., Timed Up and Go test)
- Participants practice assessments in different scenarios

IV. Interventions for Fall Prevention (45 minutes)

Presentation:

- Evidence-based interventions (exercise programs, home modifications, medication management)
- Referral to physical therapy and community resources

Group Activity:

- Case studies where participants develop intervention plans based on assessed risks.

V. Collaborative Approach and Resources (30 minutes)

Discussion:

- Importance of interdisciplinary collaboration (e.g., physical therapists, occupational therapists)
- Share local resources for fall prevention (community programs, educational materials).
- Q&A Session: Address participant questions and concerns.

VI. Wrap-Up and Evaluation (15 minutes)

- Key takeaways and resources for further learning
- Distribution of feedback forms
- Closing remarks

Expert Faculties

- Dr. Priya Vijayakumar
- Dr. Divyamol Sasidharan
- Dr. Arun David
- Dr. Pallavi Mohan
- Dr. Asmi Sainil
- Dr. Arth Nischal



Secure your spot today and join us for this invaluable workshop!

Target Audience:

Doctors and healthcare providers working with geriatric populations

REGISTER NOW

REGISTER NOW FOR WORKSHOPS & CONFERENCE

VISIT <https://www.gsicon2024.in/>

EMAIL gsiconkochi2024@gmail.com

FOR MORE DETAILS

Dr Aswin Surjit Soumya TS

94464 71672 90800 78447

37th National Annual Conference of Geriatric Society of India

REGISTER
NOW

Theme

Decade of Healthy Aging: Paradigms
and Innovation

KSMC order no. C 6/28206/MC/CME dated
30-11-2024.
CME credit 3 hours.

WORKSHOP ON

Geriatric Sleep Medicine -
The Essentials

SCAN
HERE



IMA HOUSE
KOCHI



Faculty
Dr. Nitika Dang
Founder
NAÏ Health

📅 13 December 2024
🕒 2 PM TO 5:30 PM

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EMAIL gsiconkochi2024@gmail.com

FOR MORE DETAILS

Dr Aswin Surjit Soumya TS
94464 71672 90800 78447

SESSION DETAILS

2:00 - 2:20 PM

Understanding Sleep Changes with Aging

2:20 - 3:20 PM

Sleep Disorders in the Elderly (OSA, Insomnia, RLS)

3:30 - 4:15 PM

Patient hook up for overnight PSG- hands on training

4:20 PM

Coffee Break

4:35 - 4:55 PM

Circadian Rhythm and Aging

4:55 - 5:15 PM

Impact of Sleep on Physical Health

5:15 - 5:35 PM

Mental Health and Sleep

5:35 - 6:05 PM

Sleep and Cognitive Decline

WORKSHOP ON GERIATRIC EMERGENCIES

Workshop for Doctors in different aspects of Geriatric care .



13
DECEMBER



IMA HOUSE
KOCHI



9 AM TO 4:30
PM

KSMC order no. C 6/28205/MC/CME dated
30-11-2024.

CME credit 2 hours.



Target Audience:
Doctors and healthcare
providers working with
geriatric population

FACULTIES



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PROGRAM SCHEDULE

9:00 AM

Introduction & Pretest for 15 mins

9:20 AM

Opening Session: Approach to Geriatric Emergencies - An Overview of Physiological Changes in the Elderly Presented by Dr. Pratibha

9:45 AM

Prebrief + Demo Code + Debrief Conducted by Dr. Vimal / Dr. Ajith

10:45 AM

Coffee Break

11:00 AM

Group Rotations: Divide into 3 groups for stations (each station of 60 minutes) - 3 rotations

- Station 1: RS CVS Cohort Led by Dr. Ajith
- Station 2:CNS Cohort Led by Dr. Pratibha / Dr. Varsha
- Communications skills in Geriatric care
- Station 3: Falls Cohort Led by Dr. Vimal

1:00 PM

Lunch Break (60 minutes) after 2 rotations

2:00 PM

3rd rotation

3:00 PM

Airway Management in Geriatric EM Presented by Dr. Vimal

3:30 PM

Tea Break (15 minutes)

4:00 PM

Post Test and Feedback Conducted by Dr. Varsha

4:25 PM

Summary and Closure All Faculty

Friday, 13th December
9 Am to 1 PM
2 Pm to 5 PM
IMA House, Kochi



EMPOWERING CARE

**One-Day Workshop for Nursing &
Allied Healthcare Professionals**



MORNING SESSION

9:00 AM

Optimizing Nutrition and Hydration for Aging Patient

10:00 AM

Prevention and Treatment of Pressure Ulcers (bedsores) in Older Adults

11:00 AM

Networking Break and Tea / Coffee

11:20 AM

Effective Communication Strategies with Elderly Patients with Cognitive Impairments/ Dementia

12:45 PM

Lunch Break

AFTERNOON SESSION

2:00 PM

Catheter care, Colostomy & Tracheostomy

3:45 PM

Networking Break and Tea / Coffee

4:15 PM

CARE of bedridden patients including oral care and head to foot care.

FACULTIES

Prof. Sreedevi. P.A

Department of Mental Health Nursing
Amrita College of Nursing



Mr. Vipin Paul N P

Nursing Head
Arike Palliative Care



Prof.(Dr.) Sunil Moothedath

Prof.(Dr.) Sunil Moothedath
Department of Child Health Nursing
Amrita College of Nursing



Ms. Sheeba. Jose. K

Nursing officer
secondary palliative care
PHC Nettor



Prof. Nidhin Elias

Department of Community Health
Nursing
Amrita College of Nursing



Course Coordinator

Dr. Bobby Sarah Thomas

Director & Consulting Physician
Kancare Assisted Living Solutions



GSICON 2024

AREAS COVERED IN THE CONFERENCE



- Anti-ageing Medicine
- Home Care and Community Resources
- Advance Care Planning and End-of-life Care
- Age-friendly Healthcare Environments
- Telemedicine and Digital Health for Elderly Care
- Diabetic Care in Elderly
- Elder Abuse
- Geriatric Clinics in Rural Settings
- Geriatric Oncology
- Cognitive Impairment in Older Adults
- Managing Disability in Aging
- Multi-speciality Approach to Geriatric Care
- Vaccination in Geriatrics
- Redefining Elder Care with Quality Life
- Withdrawal of Life Support in Terminally ill
- Patients
- Nutrition in the Elderly
- Geriatric Dentistry
- Integrating Palliative Medicine in Geriatric Care
- Pre and Post-operative Measures in Elderly
- Spirituality in Elderly Care
- Artificial Intelligence in Geriatric Care
- Geriatric Psychiatry
- Community Geriatrics
- Research in Geriatrics and Gerontology



ORATIONS , MILLENNIUM LECTURE AND MEMORIAL LECTURE



**Padmashri Dr M R
Rajagopal**

Chairman - Emeritus, Pallium India



Dr. Om Prakash Sharma

Senior Consultant Geriatric Medicine - Indraprastha
Apollo Hospitals, National Professor of Geriatrics,
General Secretary - Geriatric Society of India,
Editor in Chief - Indian Journal
of Geriatric Care



Dr. Vivek Handa

Adjunct Professor, Department of
Community Medicine,
ESIC Medical College & Hospital,
NIT-3, Faridabad, Haryana



Prof. Dr. N.K. Magu
MBBS, MS (Ortho), FAMS
Orthopedic Surgeon



Dr. Jothydev Kesavadev

MD, FRCP(London), FACE,
FRCP(Glasgow), FRCP(Edinburgh), FACP, FRSSDI,
Jothydev's Diabetes & Research Centre



Dr. Sajesh Asokan

National President - Geriatric Society Of India,
Organising Secretary - GSICON 2024, Senior Consultant -
Physician, MCS Hospital & City Polyclinic



EMINENT FACULTIES & SPEAKERS



Padmashri Dr M R Rajagopal
Chairman - Emeritus, Pallium India



Dr. P. S. Shankar
Emeritus Professor of Medicine,
Rajiv Gandhi University of Health Sciences,
KBN University Kalaburagi,
Patron, Geriatric Society of India



Dr. Om Prakash Sharma
Senior Consultant Geriatric Medicine -
Indraprastha Apollo Hospitals,
National Professor of Geriatrics, General
Secretary - GSI, Editor in Chief - Indian Journal
of Geriatric Care



Dr. B. C. Bansal
Consultant Neurologist
Author
Retd. Principal - Medical College, Rohtak



Dr. Sajesh Asokan
National President - Geriatric Society Of
India, Organising Secretary - GSICON
2024, Senior Consultant - Physician,
MCS Hospital & City Polyclinic



Dr. Anand P Ambali
MD, PGDGM, MSc, FRCP EDIN, FGSI, FICP,
FIACM, FIPF
Professor and Head
Department of Geriatrics BLDE DU
VIJAYAPURA
Vice President Geriatric Society of India



Dr. Murar Eknath Yeolekar
Ex -HoD Medicine,
Dean (Sion/ KEMH) & DMER,
Past President GSI/ InSH.



Dr. Vivek Handa
Adjunct Professor, Department of
Community Medicine,
ESIC Medical College & Hospital,
NIT-3, Faridabad, Haryana



Dr. Jothydev Kesavadev
MD, FRCP(London), FACE,
FRCP(Glasgow), FRCP(Edinburgh),
FACP, FRSSDI,
Jothydev's Diabetes & Research
Centre



Dr. Shaji KS
Dean (Research)
Kerala University of
Health Science



Dr Jugal Kishore Sharma
Medical Director, Central Delhi
Diabetes Centre



Prof. Dr. R. Krishnan
MBBS, MD, Former HOD of Medicine,
Calicut Medical College & MES, Sr
Consultant - Baby Memorial Hospital,
Calicut



Prof. Dr. Surendra Nath Swain
Chairman - Association of
Physicians of India (API), Odhisa
State Branch 2024-25



Dr. S Ramdas
MBBS, FCGP, FGSI
Ramdas Hospital
Perinthalmanna



Dr. Balakrishnan Valliyot
BSc: MBBS: DNB(Gen.Med) PhD: FRCP
(Edin) FRCP(Glasgow) FIMSA, FICP FGSI.
Professor of Medicine
Head - Centre for Medical Research &
Non Communicable Diseases,
(CMRNCD) Govt Medical College, Kannur



Dr. Vijay Kumar Arora
Pulmonologist,
Tuberculous and chest Diseases
Specialist, Arora Clinic

EMINENT FACULTIES & SPEAKERS



Dr. Kauser Usman
MD, FICP, FACP, FRCP (Edin),
Professor, Internal Medicine
at King George's Medical
University



Dr. Vivek Redkar
M.D. (Medicine), Faculty,
Redkar Hospital and
Research Center



Dr. Sandeep Tamane
M.B.B.S, M.D. (MEDICINE), M.R.C.P. (U.K.), F.R.C.P.
(EDINBURGH), Consultant Physician and Geriatrician,
Deenanath Mangeshkar Hospital and Research
Center, Pune



Prof. (Dr) Purna Chandra
DashProfessor, Hi-Tech Medical
College, Bhubaneswar



Dr. S S Lakshmanan
MD, DNB, FRCP (GLASG), FICP, FIMS, Managing
Director - Priya Nursing Home, Chennai, Visiting
Consultant - Aakash Hospital, Chennai



Dr. Mahesh Marda
Senior consultant Physician and
Chairman
Premier Hospitals Private
Limited, Hyderabad



**Dr. Santosh Kumar
Swain**
Associate Professor of Medicine,
Shri Jagannath Medical College,
Puri



Dr. Haroon H
Consultant- Internal Medicine, KMC Hospital,
Dr. B. R. Ambedkar Circle (Manipal Hospital),
Faculty, Department of Medicine
Kasturba Medical College, Mangalore



Dr. Vimal Krishnan Surendran Pillai
Professor, Emergency Medicine
Kasturba Medical College, Manipal,
Manipal Academy of Higher Education
(MAHE), Manipal



Dr. Jino Joy
Consultant Geriatrician at
Medical Trust Hospital, Kochi



**Dr. Naganath Narasimhan
Prem**
Chief Consultant Geriatric Medicine,
Elder Care Specialist Physician,
Jaslok Hospital, Mumbai



Dr. Navnit Wadwa
MD Pharmacology, Independent Clinical
Pharmacologist, Mumbai



Dr. Ajith Venugopalan
Chief Operating Officer & Group
Head (Sr. Consultant - Emergency
Medicine & Trauma Care), Caritas
Hospital



Dr. Ashish Rajan
Consultant - Geriatric
Medicine
Lisie Hospital, Kochi



Dr. Chinmoy Kumar Maity
MD (Cal), FGSJ (India), MRCP (UK), CCST (UK), FRCP (Glasgow &
London), Senior Consultant Physician & Geriatrician, Manipal
Hospitals, Kolkata, MRCP (UK) Examiner, Ex-Chairman: GSIWB
Branch

EMINENT FACULTIES & SPEAKERS



Dr. Sajith Kumar R
MD(Med), Ph.D, FICP
Prof Emeritus in Infectious Diseases
Govt Medical College, Kottayam



Dr. Rajeswari Sunku
PG Diploma in Geriatric Medicine
Medical Officer Incharge
Medical Division
Bhabha Atomic Research Centre
Mumbai



Dr. Alka Ganesh
MBBS, MD, Consultant Geriatrician,
Former HOD of Dept of Medicine at
CMC Vellore



Dr. Poornima M B
Professor
Dept of physiology,
Badaveshwara Medical College
Karnataka



Dr Vijayalakshmi Subramaniam
Professor - Otorhinolaryngology
Yenepoya Medical College
Yenepoya (Deemed to be University)
Mangalore



Dr Anita Basavaraj
Professor and HOD of Medicine,
CSM Government Medical College,
Satara, Maharashtra



Dr. Smita Athavale
Consultant Maxillofacial Prosthodontist,
Geriatric Dentist & Founder Member -
Cleft Care Center in Deenanath
Mangeshkar Hospital & Research Centre



Dr. Asha Narde
Conservative Dentist and
Endodontist, Consultant at the
Centre For Advanced Dentistry
Breach Candy Hospital Trust



M b S



Dr Priya Vijayakumar
Professor & Head,
Department of Geriatrics,
Amrita Institute of Medical
Sciences & Research Centre,
Kochi, Kerala



Dr. Divyamol K Sasidharan
Assistant professor, Department
of Geriatrics, Amrita Institute of
Medical Sciences and Research
Centre, Kochi



Dr. Sheeba Ninan
MBBS, FRCPsych, CCT (Old Age
Psychiatry) UK
Consultant Geriatric Psychiatrist
Asst Prof , TeleMANAS,
IMHANS, Kozhikode , Kerala



Dr. Pratibha Pereira
Professor and HOD,
Department of Geriatrics,
JSS Medical College,
Mysuru



Prof. Nidhin Elias
Department of Community Health
Nursing
Amrita College of Nursing



Dr. Prabha Adhikari
Professor & HOD, Geriatric
Medicine, Visiting Consultant -
General Physician, Yenepoya
Medical College, Mangalore

EMINENT FACULTIES & SPEAKERS



Dr. Radhika C Radhakrishnan
Associate Professor - Nephrology,
Govt Medical College, Trivandrum



Dr. Bhawna Painkra MBBS, MD
Geriatric Medicine, Consultant
Geriatrician, Valluvanad Hospital
Complex Limited- Ottapalam



Dr. Anupa Pillai
Consultant - Geriatrician
Tata Memorial Hospital, Mumbai



Prof. (Dr.) Sunil Moothedath
Department of Child Health Nursing
Amrita College of Nursing



Prof. Sreedevi. P.A
Department of Mental Health Nursing
Amrita College of Nursing



Mr. Vipin Paul N P
Nursing Head
Arike Palliative Care



Dr. Bobby Sarah Thomas
Director & Consulting Physician Kancare
Assisted Living Solutions



Dr. Pretesh Rohan Kiran MBBS, MD, DGM, ACME, DFID
Associate Professor, Community Health
St. John's National Academy of Health
Sciences, Bangalore



Ms. Sheeba. Jose. K
Nursing officer
secondary palliative care
PHC Nettor



Dr. Anupama Murthy Kaza
Professor & Senior Consultant
Department of Respiratory Medicine,
PSG Hospitals Coimbatore



Dr. Antarikhya Bordoloi
MD (Geriatric Medicine)
Manipal Hospitals, Kolkata



Dr. Biju Raghavan
Senior Consultant & HOD - Pain & Palliative
Medicine
Rajagiri Hospital , GSICON - Organizing
Committee



Dr. Praveen G Pai
Focal Point, Age-friendly Kochi City
(WHO-GNAFC)
And for GSICON2024



Dr. Arun Bhatt
GSICON Organizing Committee
Professor - MOSC Medical College



Dr. Shejoy P Joshua
Senior Consultant - Neurosurgery
MBBS, DNB(General Surgery),
MS(General Surgery), MCh
(Neurosurgery)



Dr. Bipi PK
Consultant - Nephrology
Aster Medicity

DECADE OF HEALTHY AGING: PARADIGMS AND INNOVATION

13-12-2024 FRIDAY - DAY 1

MAIN HALL- TRIDENT

8:00-9:00am

REGISTRATION

8:45 -9:00
am

INAUGURATION OF SCIENTIFIC SESSIONS

Dr. Beena K V, Additional Medical Superintendent
Amrita Institute of Medical Sciences, Kochi

Session 1

9:00-9:20 am

Prof. (Dr) Purna Chandra Dash

Professor, Hi-Tech Medical College , Bhubaneswar

Topic : Decoding Aging:Cellular pathways and the science of longevity

Session 2

9:20-9:40 am

Dr. Alka Ganesh, MBBS, MD

(Consultant Geriatrician), Former HOD of Dept of Medicine at CMC Vellore

Topic: Community Based Healthcare of Older Persons

Session 3

9:40-10:00 am

Dr. Kauser Usman: MD, FICP, FACP, FRCP (Edin),

Professor, Internal Medicine

King George's Medical University

Topic : Caregiver burden and stress

Session 4
10:00-10:20 am

Dr. Poornima M.B

Professor, Dept of physiology, Badaveshwara Medical College, Karnataka

Topic : From Doctor to Caregiver: True life experience in her husband's battle with Alzheimers

Session 5
10:20-10:40 am

Dr. Sandeep Tamane M.B.B.S, M.D. (MEDICINE),

M.R.C.P. (U.K.) F.R.C.P.(EDINBURGH)

Consultant Physician and Geriatrician

**Deenanath Mangeshkar Hospital and Research Center,
Pune**

Topic : Medication Management in the Elderly:
Addressing Polypharmacy challenges

Session 6
10:40-11:00 am

Dr. Anita Baswaraj:

Professor and HOD of Medicine

CSM Government Medical college, Satara, Maharashtra

Topic: 5M of Geriatric Medicine-Medications, Mind, Mobility, Multi complexity & what Matters most

11:00-11:20 am

TEA BREAK

Session 7
11:20 - 12:20 pm

Panel Discussion

Session 8
12:20-12:40 pm

Dr. Vivek Redkar, M.D. (Medicine)

Faculty , Redkar Hospital and Research Center

Topic: The RECLAIM Model: Redefining Elder Care with Quality Life - Enhancing approaches in Medical Homes

Session 9 **Dr. S Ramdas, MBBS, FCGP, FGSI**
12:40-1:00 pm **Ramdas Hospital, Perinthalmanna**

Topic: Nutrition in the Elderly

LUNCH BREAK

1:15-2:00 pm

Session 10 **Dr. Shaji KS, Dean (Research)**
2:00-2:20 pm **Kerala University of Health Sciences**

Topic : Research in Geriatrics and Gerontology –
Collecting evidence to promote healthy ageing

Session 11 **Dr. Balakrishnan Valliyot**
2:20-2:40 pm **BSc: MBBS: DNB(Gen.Med) PhD: FRCP (Edin)**
 FRCP(Glasgow) FIMSA, FICP FGSI.
 Professor of Medicine
 Head - Centre for Medical Research &
 Non Communicable Diseases, (CMRNCD)
 Govt Medical College, Kannur

Topic: Artificial Intelligence in Geriatric Care

Session 12
2:40-3:00 pm

Dr. Antarikhya Bordoloi , MD (Geriatric Medicine)
Manipal Hospitals, Kolkata

Topic: Multi Resistant Antibiotics in Elderly

Session 13
03 :00 -3:20 pm

Dr. Haroon H,MD
Consultant– Internal Medicine KMC Hospital
Faculty, Department of Internal Medicine,Kasturba Medical College,
Mangalore,Manipal Academy of Higher Education

Topic: Withdrawal of Life Support in Terminally ill patients

Session 14
3:20-3:40 pm

Dr.Mahesh Marda, Senior consultant Physician and Chairman, Premier Hospitals Private Limited, Hyderabad

Topic: Inflammaging- The silent fire behind aging



Session 15
3:40-4:00 pm **Dr Rajeswari Sunku MBBS , PG Diploma in Geriatric Medicine, Medical Officer Incharge , Medical Division , Bhabha Atomic Research Centre, Mumbai**

Topic: Integrating Spirituality into compassionate elder care

4:00-4:20 pm **TEA BREAK**

Session 16
4:20-5:20 pm **Dr Vijayalakshmi Subramaniam , Professor - Otorhinolaryngology , Yenepoya Medical College ,Yenepoya (Deemed to be University) Mangalore**

Topic: Sounds of Hope:Music Therapy as a beacon for Neurodegenerative conditions

Session 17
5:20 – 5:45 pm **Dr. Biju Raghavan , Senior Consultant & HOD - Pain & Palliative Medicine**

Topic: Empathy in Doctor-patient Communication: Practical Aspects

Session 18
5:45-7:30 pm **Geriatric Dentistry - Symposium**
Dr. Smitha Athavale, Dr. George P John, Dr Asha Narde,
The Importance of Oral Health & Rehabilitation in the Elderly Amidst Medical Challenges

BANQUET DINNER

PANEL DISCUSSION ON COMMUNITY GERIATRICS- IMPLEMENTATION OF AGE-FRIENDLY SYSTEMS THROUGH LOCAL SELF-GOVERNANCE

11:20-12:20 pm - Session 7

DAY 1

Shri P P Balan

Senior Consultant (MoPR)
Former Director KILA



Dr Amrita Kansal (MBBS, MD)

(Community Medicine)
Technical Officer – Ageing and Health,
WHO South-East Asia Regional Office



Dr. Praveen G. Pai

Focal Point, Age-Friendly Kochi
Magics NGO
Organizing Committee - GSICON 2024



Dr. Pretesh R Kiran

Associate Professor
Department: Community Medicine
St John's Medical College



Prof . Partha Ray MD

Honorary IMA National Professor in Neurology
Consultant in Neurology and Clinical
Neurophysiology
Walton Centre, Liverpool UK, NHS England



For More Details :

Soumya TS Dr Aswin Surjit
90800 78447 94464 71672

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IDA HQs, New Delhi

Dept. of Geriatric Medicine
Amrita Institute of Medical Sciences, Kochi



GSICON 2024

37th National Annual Conference of Geriatric Society of India

THEME:

Decade of healthy aging:
Paradigms and Innovations

DATE & VENUE



13th
December
5:00 PM

IMA HOUSE
KOCHI, KERALA

GERIATRIC DENTAL SYMPOSIUM

The Importance of Oral
Health & Rehabilitation
in the Elderly Amidst
Medical Challenges

FACULTIES



Dr. Smita Athavale

Consultant Maxillofacial Prosthodontist,
Geriatric Dentist & Founder Member
Cleft Care Center, Deenanath
Mangeshkar Hospital & Research Centre,
Pune



Dr. George P. John

Consultant Prosthodontist, Kochi



Dr. Asha Narde

Conservative Dentist and Endodontist
Consultant, Centre For Advanced
Dentistry,
Breach Candy Hospital Trust, Mumbai

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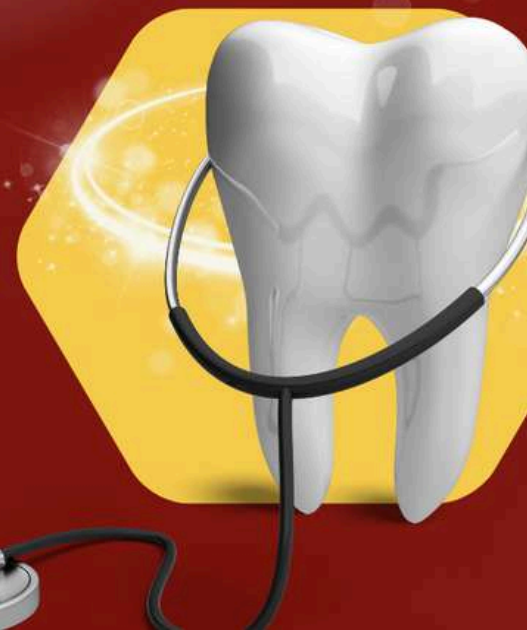
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Contact Us



Dr Aswin Surjit
+91 94464 71672
Ms Soumya TS
+91 90800 78447

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DECADE OF HEALTHY AGING: PARADIGMS AND INNOVATION

14-12-2024 Saturday - DAY 2

Session

Topic

REGISTRATION

8:00-9:00
am

Session 1
9:00-9:20 am

Online session - Dr.P.S.Shankar – Patron GSI
Respiratory Sarcopenia

Session 2
9:20-9:40 am

Dr. Sheeba Ninan :
Topic : Suicide risk in the elderly population

Session 3
9:40-10:00 am

Prof. R.Krishnan:
MBBS, MD, Former HOD of Medicine, Calicut Medical College & MES, Sr Consultant - Baby Memorial Hospital, Calicut

Topic : Challenges in Geriatrics : Is Assessment different from the Young?

Session 4
10:00-10:30 am

Wing Cmdr. Surendra Kumar Jain
Memorial ORATION

Dr. O.P.Sharma
Senior Consultant Geriatric Medicine - Indraprastha Apollo Hospitals, National Professor of Geriatrics, General Secretary - Geriatric Society of India, Editor in Chief - Indian Journal of Geriatric Care

Topic : Optimising Geriatric Care: Navigating challenges and leveraging strengths

Session 5
10:30-10:50 am

Dr. J.K.Sharma:
Medical Director, Central Delhi Diabetes Centre
Topic : Tailoring Diabetes Therapy: Role of
Degludec and its Coformulation

11:00-11:45 am

INAUGURATION

Session 6
11:45-12:15 pm

MILLENIUM LECTURE
Integrating Palliative Medicine in Geriatric Care

Dr. M. R. RAJAGOPAL
Chairman - Emeritus, Pallium India

Session 7
12:15-12:35 pm

PRESIDENTIAL ORATION
Dr. P. S. Shankar & Smt. Ambika Shankar Oration

Dr SAJESH ASOKAN
National President

Session 8
12:35-1:00 pm

Dr. Priya Vijaykumar:
Professor & Head, Department of Geriatrics, Amrita
Institute of Medical Sciences & Research Centre,
Kochi, Kerala

Topic : Frailty uncovered Understanding,
Assessing & Addressing Elderly Vulnerability

Session 9
1:00-1:15 pm

SESSION BY NATIONAL IMA
Dr P GOPIKUMAR

1:15-2:00 pm

LUNCH BREAK

Session 10

2:00-2:20 pm

Prof.Dr.M.E.Yeolekar:

Ex-HoD Medicine, Dean (Sion/ KEMH) & DMER, Past President GSI/ InSH

Topic : Management of Hypertension in the Elderly: Insights from the Latest Clinical Guidelines

Session 11

2:20-2:40 pm

Dr. Prabha Adhikari:

Professor & HOD, Geriatric Medicine, Visiting Consultant – General Physician, Yenepoya Medical College, Mangalore

Topic: Septic coagulopathy in elderly- diagnostic & therapeutic challenges

Session 12

2:40-3:00 pm

Prof.Dr.Surendra Nath Swain:

Chairman - Association of Physicians of India (API), Odhisa State Branch 2024-25

Topic : Innovations in treatment of Diabetes in elderly

Session 13

3:00-3:20 pm

Dr Chinmoy Kumar Maity:

MD (Cal), FGSI (India), MRCP (UK), CCST (UK), FRCP (Glasgow & London), Senior Consultant Physician & Geriatrician, Manipal Hospitals, Kolkata, MRCP (UK) Examiner, Ex-Chairman: GSIWB Branch

Topic : Management of stroke in the elderly

Session 14

3:20-3:40 pm

Dr. Navneeth Wadhwa: MD Pharmacology, Independent Clinical Pharmacologist, Mumbai

Topic : Ageing and Disability- A Bidirectional Connect

Session 15

3:40-4:00 pm

Dr. Shejoy P Joshua : Senior Consultant Neurosurgery, MBBS, DNB(General Surgery), MS(General Surgery), MCh (Neurosurgery), Aster Medicity

Topic : Surgical Management of Parkinson's Disease

4:00-4:15 pm

TEA BREAK



GENERAL BODY MEETING , CONVOCAION & AWARDS

General Body Meeting, Convocation, and Presentation of Certificates

- **General Body Meeting: Discussions** shaping the future of geriatric care & associations contributions will be discussed during the meeting
- **Introduction of New President Elect 2024-25:** Welcome and meet our newly elected president for the upcoming year, who will lead us in advancing geriatric care.
- **Convocation and Awards Ceremony:** Recognizing the outstanding achievements and honor the remarkable contributions in our field.
- **Presentation of Certificates:** Celebrating the accomplishments of attendees of the Geriatric Certificate Course Version 4.

This is your chance to connect, learn, and honor the remarkable contributions in our field. We look forward to recognizing outstanding achievements and sharing knowledge to enhance the quality of life for older adults.

We hope to see you there!



DECADE OF HEALTHY AGING: PARADIGMS AND INNOVATION

15-12-2024 SUNDAY - DAY 3

Session

Topic

Session 1
08:30-9:00 am

Laboratory investigations in elderly
DDRC INDIA

Session 2
9:00-9:20 am

Dr. Santosh Kumar Swain :
Associate Professor of Medicine, Shri Jagannath Medical College, Puri

Topic : Multi -speciality approach to Geriatric Care

Session 3
9:20-9:50 am

Dr. B. C. Bansal & Smt. Uma Bansal Oration
"My learning and contribution in developing the
science of Hip preservation"

Prof. Dr. N. K. MAGU
MBBS, MS (Ortho), FAMS

Session 4
9:50-10:10 am

Dr. S S Lakshmanan:
MD. DNB.FRCP (GLASG), FICP, FIMSA, Managing Director - Priya
Nursing Home, Chennai, Visiting Consultant - Aakash Hospital, Chennai

Topic : Strategies for preventing Osteoporosis in Elderly

Session 5
10:10-10:30 am

Dr. Divyamol K.Sasidharan:
Assistant professor, Department of Geriatrics, Amrita Institute of
Medical Sciences and Research Centre, Kochi

Topic : From Prevention to Protection: Tackling falls in Aging

Session 6
10:30-10:50 am

Dr. Bhawana Painkra:
MBBS, MD; Geriatric Medicine, Consultant Geriatrician, Valluvanad Hospital
Complex Limited- Ottapalam

Topic : Peri-operative Management of Fragility Fractures in Older
Adults

Session 7

10:50-11:10

Dr. Vishnu Dev Urs, Consultant - Nephrology
Fellowship (Glomerular Disorders), DM (Nephrology), MD (Internal
Medicine), MBBS, Aster Medicity

Topic: Kidney Disease in the Elderly

ORATION

11:10-11:40 am

Dr. O.P.Sharma & Smt. Shanti Sharma-Oration-
Dr. Vivek Handa

Topic : Geriatrics in India - Past into the present

Dr N. N. Asokan Memorial Lecture

Session 8

11:40-12:10 pm

**CGM & other Life Saving evidence based technologies for the
older people with Diabetes; Merits & the Evidence So Far**

Dr. Jothydev Kesavadev

MD, FRCP(Lond), FRCP(Glasg), FRCP(Edin), FACE, FACP, FRSSDI,
Jothydev's Diabetes & Research Centre

Session 9

12:10-12:30 pm

Dr. Anand P Ambali ,

MD, PGDGM, MSc, FRCP, FGSI, FICP, FIACM, FIPF

Professor and Head Department of Geriatrics BLDE DU VIJAYAPURA

Topic : Elder Abuse Prevention: Ensuring dignity & safety in aging

Session 10

12:30-12:50 pm

Dr. N.N. Prem

**Chief Consultant Geriatric Medicine, Elder Care Specialist &
More**

Topic : Geriatric Oncology- A new Frontier

Session 11

12:50 -1:15 pm

Dr. Anupama Murthy:

**Professor & Senior Consultant, Department of Respiratory Medicine,
PSG Hospitals Coimbatore**

Topic : Managing respiratory diseases in the Elderly:
Challenges & advances in Geriatric Pulmonology

1:15-2:00 pm

Lunch Break

Session 12

2:00-2:20 pm

Dr. Radhika C. Radhakrishnan:

Associate Professor - Nephrology, Govt Medical College, Trivandrum

Topic : Urinary bladder issues in elderly-How to tackle it?

Session 13

2:20-2:40 pm

Dr Sajith Kumar R . MD(Med), Ph.D, FICP

Prof Emeritus in Infectious Diseases

Govt Medical College, Kottayam

Topic: Vaccination in the Elderly

Session 14

2:40-3:00 pm

Dr. Jino Joy , Consultant Geriatrician

Medical Trust Hospital, Kochi.

Topic : Home based Interventions for Dementia: Insights from the 'Ease Dementia' model

Session 15

3:00-3:20 pm

Dr. Anupa Pillai,

Consultant -Geriatrician Tata Memorial Hospital, Mumbai

Topic: Syncope in older Adults

Session 16

2:40-3:00 pm

Dr. Ashish Rajan,

Consultant - Geriatric Medicine, Lisie Hospital, Kochi

Topic : Hyponatremia in elderly -Navigating the balance between health & hydration

Session 17

3:40-4:10 pm

Quiz Program & Prize Distribution

Quiz Master : Dr. Jino Joy

Valedictory



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Dept. of Geriatric Medicine
Amrita Institute of Medical Sciences, Kochi



GSICON 2024

37th National Annual Conference of Geriatric Society of India

Medicine PG Clinical Skills Symposium

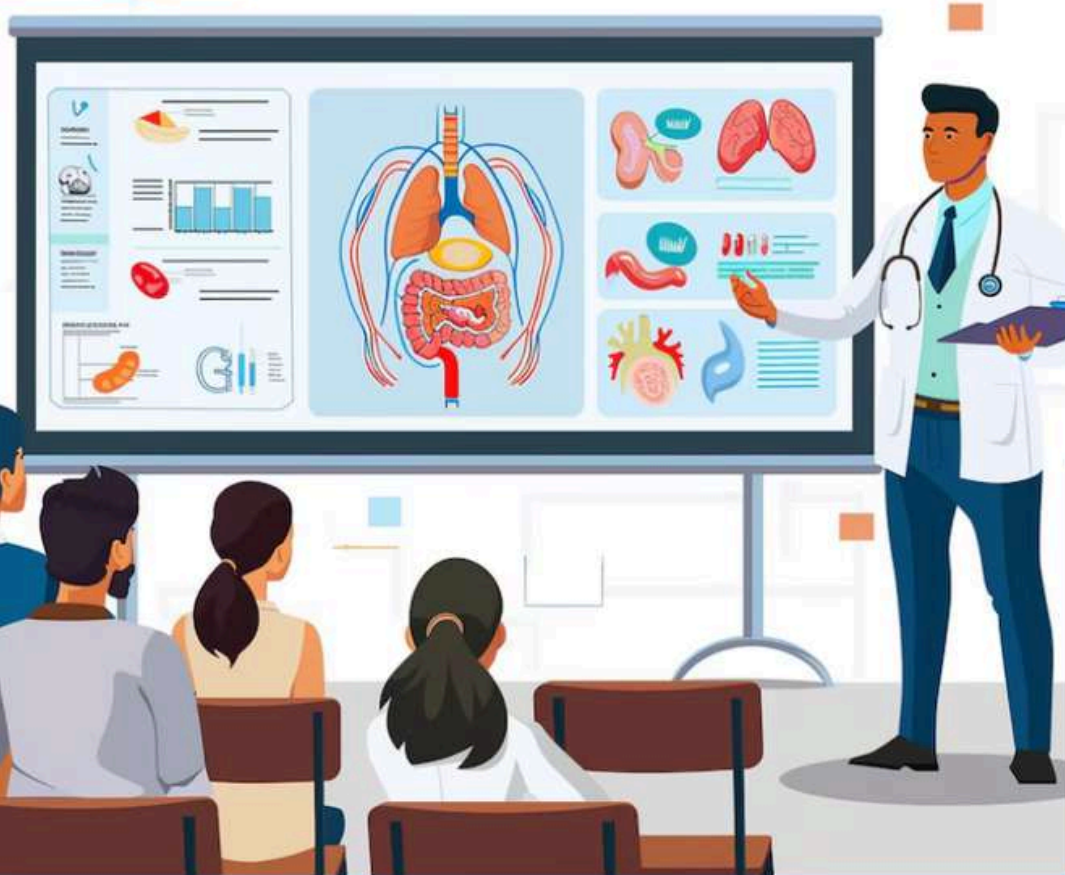


IMA House,
Kochi

SUNDAY
15th December
2024



8:30 AM TO 2:00 PM



QUIZ TIME

PG Quiz Program
Starts by 3:30 PM

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EMAIL gsiconkochi2024@gmail.com

For More Details :

Dr Aswin Surjit: 94464 71672
Soumya TS : 90800 78447



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ABOUT CLINICAL MEDICINE SKILLS ORIENTATION

GSICON 2024 is organizing a one-day Clinical Medicine Skills Orientation and Fine Tuning Program aimed at Medicine PG Practical Exam. This program includes:

- Discussion of Clinical Cases
- Demonstration of Clinical Examination Techniques
- Clinical Signs

Why Attend?

- Special One-Day Registration Fee: Rs 1200 (inclusive of 18% GST) Includes Complimentary Breakfast, Lunch, and Tea
- Rare Opportunity: Meet experienced examiners and faculties from various parts of the country
- Focused Learning: Enhance your clinical skills and knowledge

Case Discussions:

- Neurology
- Cardiology
- Gastroenterology
- Pulmonology

Short Cases:

- Rheumatology
- Endocrinology

Additional Highlights:

- Spotters and OSCE for MD and DNB Exams
- MRCP PACES Examination Pattern Discussion



For More Details :
Dr Aswin Surjit: 94464 71672
Soumya TS : 90800 78447

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CLINICAL SKILLS SYMPOSIUM

Time	Session	Faculty
08:30 – 09:30 am	Spotters & OSCE slides	Dr Balakrishnan Valliyot MBBS, DNB, PhD, FRCP, FCSI, FICP Professor of Medicine, Govt. Medical College, Kannur Dr Nayantara Shenoy MBBS, DNB, MRCP (UK), SCE (Rheumatology), PDF Consultant Physician and Rheumatologist at the Aster Medcity Hospital, Kochi.
09:30 – 10:00 am	Rheumatology	Dr T R Radha MBBS, MD Professor & Head – General medicine, Govt. Medical College Kottayam Dr Padmanabha Shenoy MBBS, MD, DM Sr Consultant, Clinical Immunology and Rheumatology, Dr. Shenoy's CARE
10:00 – 11:00 am	Neurology	Dr R N Sharma MBBS, MD Professor of Medicine, Former HOD – Govt. Medical College Kottayam Dr M G K Pillai MBBS, MD Professor of Medicine and HOD, Amrita Institute of Medical Sciences, Ernakulam Dr Bobby V Maramattom MBBS, MD, DM, FRCP, FICCN, EDSI Sr Consultant & Interventional Neurologist, Apollo Hospital, Angamaly Dr Anand Ambali MBBS, MD, PGDGM, MSc Dean, Professor and HOD – Internal medicine, BLDE Medical College
11:00 am - 12:00 pm	Cardiology	Dr Jilse George MBBS, MD Former Professor of Medicine, Govt. Medical College, Ernakulam Dr Krishnakumar M MBBS, MD Professor & HOD Internal medicine, Sree Narayana Institute of Medical Sciences, Paravur Dr K Venugopal MBBS, MD, DM, FCSI, FICC, FESC Former Professor & HOD – Cardiology, Govt. Medical College, Calicut Dr Jabir Abdullakutty MBBS, MD, DM, FACC, FESC, FSCAI Senior Consultant Cardiologist, Lisie Hospital, Ernakulam
12:00 – 12:45 pm	Gastroenterology	Dr Geetha Philips MBBS, MD, FRCP Director of Academics, Lead Consultant – Internal Medicine, Aster Medcity, Kochi Dr G N Ramesh MBBS, MD, DM, FRCP Senior Consultant, Medical Gastroenterology, Aster Medcity, Kochi Dr Priya Vijayakumar MBBS, MD Professor & HOD – Geriatric Medicine, Amrita Institute of Medical Sciences, Kochi
12:45 – 01:30 pm	Pulmonology	Dr T K Suma MBBS, MD Professor of Medicine and Former HOD, Former Principal, TD Medical college, Alappuzha Dr V K Arora MBBS, D.C.D., MD Former Director - JIPMER, Professor & Former HOD, Tuberculosis and Chest Diseases Dr Praveen Valsalan MBBS, MD, FRCP (Lond.) Sr Consultant, Pulmonology, Aster Medcity, Kochi Dr Sandeep Tamane MBBS MD, MRCP(UK), FRCP(Edin.) Sr Consultant, Internal Medicine & Geriatrics, Deenanath Mangeshkar Hospital, Pune
01:30 pm		Lunch

ABOUT KERALA & TOURIST PLACES

Welcome to Kerala!

Kerala, often referred to as "God's Own Country," is a tropical paradise in the southern part of India. Known for its palm-lined beaches, backwaters, lush green landscapes, and rich cultural heritage, Kerala offers a unique blend of natural beauty and vibrant traditions.

GSICON in Kerala

The Geriatric Society of India's 37th Annual National Conference, GSICON 2024, will take place in Kochi, Kerala. This event brings together esteemed professionals in geriatric care and gerontology, providing a platform for sharing knowledge, discussing advances, and networking.

Welcome to IMA House

The conference venue, IMA House, is in the heart of Kochi. It offers state-of-the-art facilities, ensuring a comfortable and conducive environment for the event. The IMA House is well-known for hosting numerous conferences and events, making it a fitting location for GSICON 2024.

The GSICON organizing team warmly welcomes you to Kerala! We look forward to an enriching experience, blending professional development with the beauty and culture of this incredible state.



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FOR MORE DETAILS

Conference Secretariat


XXII 308 Aswathy, Shanthinikethan Gardens, Kavumpady Road,
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 **+91 944 647 1672**

 **gsikeralabbranch@gmail.com**

Registration Queries

Dr Aswin Surjit

 **+91 944 647 1672**

 **gsiconkochi2024@gmail.com**


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Soumya T.S

 **+91 90800 78447**

 **prsoumya.ts@gmail.com / pr.gsicon@gmail.com**